

Digital Times is a "for eCommerce newsletter reporting on the development and/or availability of interactive products and services."

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Digital Health.

Electronic Records, Computer-Aided Biopsies

My pre-lumpectomy procedure, 3 years ago this month, was very painful. I was pricked with tines, seemingly mercilessly, all over my R breast in order to locate sentinel lymph nodes prior to surgery. Insult was added to injury, when I developed a staph infection from the hospital AND discovered I had malignant cancer that was both "in and outside of the duct."

Fast forward to Now--thanks to computer-guided ultrasound and interactive fine-needle aspiration biopsy technology, the whole process is *less invasive* and recovery time is much quicker. Rather than pricking the patient with tines, a quick computer scan can detect and reveal lymph node location and condition.

Electronic Health Records and Your Privacy:

Kaiser Hospital's patient records have been all-electronic for the past five [5] years. **United Health**, my provider, is also keeping patient information digitally, and therefore, easily accessible to Urgent Care or any other Doctor under my plan.

Prescriptions? My Dr. just emails them to the pharmacy and they are ready when I get there! Gone are the days when I handed a difficult-to-read written prescription to the pharmacist and then waited an hour for it to be filled.

Paper Records vs. Electronic: **Practice Fusion** is a FREE, Web-based electronic digital storage service that offers patient charting, eprescription, scheduling, patient management, billing and other support services to Doctor's.

Is patient privacy protection guaranteed? With paper records, you agree to release your medical information to a relative, other specialist or third party but electronic records can easily be sold or accessed without your permission ;(

The **Mayo Clinic** has embraced the digital age with their involvement in a fictional virtual world universe known as 'Second Life.' This alternate universe is called "**Mayo Clinic Island**" featuring a **virtual hospital** and outdoor **conference center**. The Clinic has hosted several medical-based events on **Second Life**, including a seminar on Marfan syndrome and a lecture on abnormal heart-beats. A heart specialist with Mayo Clinic said that any of the 15 million avatar "residents" of Second Life can teleport to **Mayo Island**, listen in and interactively ask questions.

My pre-lumpectomy procedure, 3 years ago

Fall-time for textbooks'

Studies show that typically, students spend @ \$700/yr. on books.



I used to shop early and scour the Campus Bookstore for used books...a system that worked well, most of the time.

A federal law that went into effect this summer requires that *publishers reveal to professors how much \$\$ their textbooks cost* AND mandates that schools identify the ISBN [Int'l standard book number] of books needed for each class, and provide this information to students, at the time of registration.

Comparison Shopping: Is now possible! Knowing the **ISBN#** makes it very easy to comparison shop for textbooks at **Amazon.com**, **efollet.com**, **iChapters.com** and **Half.com**, a subset of eBay. *Other suggestions:* Check several book retailers at once, i.e. **Bigwords.com** and **Bestbookbuys.com**. Or, try **Craigslist** and

Campusbooks.com to buy at the beginning of class and Sell at the end!

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Social Networking at its Best and Worst

A Los Angeles, California commuter train engineer was 'texting while driving' and ran a red light, causing a head-on collision that **killed twenty-five [25] people** and injured more than 100. The train engineer was among those killed.

Since that time, texting while driving has become illegal in 30 states, D.C. and Guam. 11 of these laws were enacted in 2010. Some states such as Maine, N.H. and Utah treat cell phone use and texting as part of a larger distracted driving issue.

In Utah, cellphone use is an offense only if a driver is also committing some other moving violation (other than speeding). Many **localities have passed their own distracted driving bans** and several states include a category for cell phone/electronic equipment distraction on police accident report forms. Recently proposed federal legislation would require states to collect this data in order to qualify for certain federal funding.

Source: Governors Highway Safety Association.

DIGITALLY COOL: iN-FLIGHT social networking

Virgin America has figured out a way for bored airline passengers to entertain themselves... connecting with other like-minded Internet savvy people during the flight! Virtually all of Virgin America's planes are **Wi-Fi enabled** and **Internet ready**...many of them even have cool, seat-back video screens.

"Finding people to travel with makes it possible to share a taxi or swap advice and lessens the chance of getting stuck next to some talkative bozo on a long flight" said Jeff Jarvis, author of the book "What Would Google Do?"

Jarvis said that "a growing number of frequent fliers are using their mobile devices to create an informal travelers' community in airports." FlyerTalk is a travelers group that developed an application allowing members to find one another while on the road.



'My 5 Yr Old Laptop Has 3D?'

Weirdly enough, I just noticed the 'sticker' on my 5 year old Fujitsu Lifebook laptop. Among other things, it features "**Built-in stereo speakers and subwoofer for rich 3D sound.**"

Haha...

iPhone Apps to keep your Toddler busy...

Are you kidding me? I would not give a toddler my iPhone, but here goes...

Old MacDonald
Itsy Bitsy Spider
Wheels on the Bus

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